



# RACHAEL KINNEAR

*MENTAL HEALTH ASSISTANT  
PRACTITIONER*

## ABOUT ME

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I am Rachael, a full time Mental Health Assistant Practitioner for Healthier South Wirral PCN and have been part of the team since March 2021.

I have a degree in Psychology from the University of Liverpool and worked in other areas relating mental health.

## ● CONTACT ME

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Please ask reception to make a referral.



## THINGS I CAN SUPPORT WITH:

- My current role is to support the SMI cohort by aiming to improve the amount of health checks being completed each year.
- I can conduct mental health care plan reviews for those currently not involved with secondary care.
- I can offer these appointments as home visits as well as face to face and telephone calls (where health checks are not necessary).
- I can signpost patients to appropriate support including people within our mental health/wellbeing team or to third sector.
- I can support in communicating with secondary care where necessary, and any other issues that may pop up involving patients from the SMI cohort.
- I am also a part of the ADHD LEAP project, organising ADHD assessments and conducting QbTests for those across our PCN referred by CWP.
- I am currently training to conduct ADHD LEAP reviews.

## TIMETABLE

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**Mon-** PCN Office  
**Tue AM:** Sunlight  
**PM** Orchard  
**Wed-** PCN Office  
**Thur-** PCN Office  
**Fri-** Sunlight